

THE GREEN GALLEY

BITES

TOASTIES

TRUFFLE | Colby cheese w' truffle & porcini mushroom seasoning | 9.50

(VO) | 2.50 extra

AVOCADO | Avocado mash w' olive oil, smoked paprika & herbed seasoning | 9.50

(V)

2 CHEESE TOM | Fresh tomato, marinated goats fetta & colby cheese | 10.00

(VO)

PUMPKIN PESTO | Grilled pumpkin, basil pesto, roasted capsicum & goats fetta | 11.00

(VO)

EXTRAS | 2.50

- avocado • marinated goats fetta
- colby cheese • vegan cheese
- vegan basil pesto
- grilled pumpkin
- roasted capsicum • fresh tomato
- truffle & porcini seasoning

TOAST

2 X SERVED W' BUTTER OR NUTTLEX & CHOICE OF CONDIMENTS

Australian strawberry, blueberry, apricot or satsuma plum jam
• Vegemite | 7.50

GG HOUSE SPREADS | 9.00

- PEANUT BUTTER | Roasted peanuts w' chia & hemp seeds
- HEMP & ALMOND BUTTER
Natural & roasted almonds w' hemp seeds
- CACAO SPREAD | Organic cacao & coconut sugar w' coconut, almonds & brazil nuts

BANANA BREAD

TOASTED & SERVED W' MAPLE BUTTER | 7.00

By LOCAL K'PANE ARTISAN BAKERY

CHEESE & SALAD SANDWICH

(VO)

CHOICE OF SALADS W' CHEESE & 2 SAUCES | 12.00

- colby cheese • tomato • greens
- cucumber • beetroot • carrot
- red onion

WHITE OR MULTIGRAIN

By LOCAL K'PANE ARTISAN BAKERY

GLUTEN FREE BREAD

By LOCAL OMA'S BAKERY

| 2.50 extra

BURGERS AND WRAPS

THE ELT

Fried free-range egg, greens, fresh tomato, colby cheese, red onion & aioli served on bun | 13.00

PROTEIN BREAKFAST WRAP

2 x Fried free-range eggs, grilled onion & tomato, colby cheese, greens & hemp seeds w' dill mayo & tomato relish or BBQ sauce | 17.00

FALAFEL WRAP

Grilled falafel w' tomato, cucumber, roasted capsicum, greens, red onion, pickle, homemade houmous & tomato relish | 16.50

GG VEGO BURGER

120gm Special plant protein packed pattie w' colby cheese, tomato, greens, beetroot, red onion, pickle, mustard, tomato relish & dill mayo served on bun | 17.00

GG WORKS BURGER

GG vego burger w' fried free-range egg, avocado & hemp seeds | 19.00

LIKE SPICE

ADD Mel's Jalapeno Relish | 1.00 or Chipotle Tabasco

WHITE OR MULTIGRAIN BUN | GLUTEN FREE BUN | 2.50

WHEAT OR SPINACH WRAPS | GLUTEN FREE WRAP | 2.50

***OUR PATTIES ARE VEGAN & GLUTEN FREE**

SALAD EXTRAS | 1.50

- greens • cucumber • beetroot
- carrot • red onion • pickle
- hemp seeds

SPECIAL EXTRAS | 2.50

- fried free-range egg • avocado
- marinated goats fetta
- vegan cheese
- colby cheese • tomato

SAUCES/CONDIMENTS

- tomato sauce • BBQ • mustard
- sweet chilli • chipotle tabasco

EXTRA | 1.00

- tomato relish • dill mayo
- vegan mayo • aioli
- homemade houmous
- Mel's jalapeno relish



DRINKS

COFFEE | Delicious blend from local Hill Roasters

ESPRESSO | 3.50

BABY CHINO | 3.50

BLACK OR WHITE COFFEE

• 1 shot SML 8oz | 4.00

• 2 shots REG 12oz | 5.00

MOCHA

w' organic pana cacao hot chocolate

SML | 4.50 • REG | 5.50



COCO BLACK

Long black w' tsp of coconut oil & agave syrup

SML | 4.50 • REG | 5.50

ORGANIC HOT CHOCOLATE

Comforting, uplifting cacao & panela sugar blend

SML | 5.00 • REG | 6.00



ADAPTOGENIC HOT CHOCOLATE

Organic rich cacao/mushroom spiced blend elevates mood & focus

SML | 6.00 • REG | 7.00



MATCHA LATTE

Green & grounding brew

SML | 5.00 • REG | 6.00



TUMERIC LATTE

Ease inflammation & enjoy

SML | 5.00 • REG | 6.00



BEETROOT LATTE | Lowers blood

pressure & increases stamina

SML | 5.00 • REG | 6.00



ICED BEVERAGES

ICED LATTE | Double shot w' ice

& milk | REG | 6.00



ICED COFFEE | Double shot w'

ice-cream, milk & cream | REG | 7.00



ICED CHOCOLATE | Chocolate

syrup w' ice-cream milk & cream

REG | 7.00



ICED MOCHA | Double shot,

chocolate syrup w' ice-cream, milk &

cream | REG | 7.50



VEGAN OPTION extra | 2.00

Please let our friendly staff know if you have any food allergies.

We aspire to provide the greatest integrity with our produce.

*Due to production processes of some ingredients, we cannot 100% guarantee.

Note | we may not be able to adjust menu items during busy periods.

15% surcharge for public holidays.

CHAI



TE CHAI

Traditional chai blend leaf infuser

SML | 4.00 • REG | 5.00

CHAI LATTE

Spicy & warming blend

SML | 5.00 • REG | 6.00

DIRTY CHAI

Chai latte w' espresso shot

SML | 5.50 • REG | 6.50

TUMERIC CHAI LATTE

Chai latte w' turmeric shot

SML | 5.50 • REG | 6.50

TEA

FINE selection from

Madura Tea Plantation

SML | 4.00 • REG | 5.00

PREMIUM BLEND

EARL GREY

DRAGON PEARLS (Green & Jasmine)

LEMON & GINGER

LEAVES OF PEPPERMINT

FLOWERS OF CHAMOMILE

AUSTRALIAN LEMON MYRTLE

ORGANIC VANILLA ROOIBOS (by

Nerada Tea)

EXTRAS | 0.50

- Soy/Almond/Oat Mylk
- Espresso Shot
- Decaf
- Local Honey
- Caramel Syrup
- Hazelnut Syrup
- Organic Agave Shot
- Organic Coconut Oil
- Organic Coconut Sugar



VEGAN



VEGAN OPTION



GLUTEN FREE



ORGANIC FOODS



SMOOTHIE MENU

CHOC PROTEIN - \$10

Banana, dates & almonds w' pea protein, cacao & organic almond milk topped w' buckinis mix

TROPICAL TIME - \$10

Mango, strawberries & banana w' coconut cream, coconut flakes & coconut water topped w' coconut flakes

BERRY REFRESHING - \$10

Blueberries, banana & mint w' coconut syrup & organic almond milk topped w' fresh blueberries

ACAI & CHIA - \$10

Acai, mixed berries, banana & chia seeds w' organic almond milk topped w' chia seeds

PROTEIN COFFEE FRAPPE - \$10

Double shot Eleganza Vietato coffee & vanilla soy protein blended w' organic rice syrup, organic almond milk & ice
ADD flavoured or chocolate syrup \$1.00

OPTIONAL: Full cream/skim milk
EXTRA 1.00: Soy/Oat/Macadamia Milk
EXTRA 1.50: Adaptogenic Hot Chocolate Powder